

VIBRANT LEARNING



Taber Adult Learning

"Creating a vibrant learning community that supports changing and improving one life at a time."



COUNTY OF WARNER Adult Learning and Literacy

See Pages 25-29 for classes in the County of Warner

Serving the communities of:

Wrentham • Warner • Stirling • Raymond
• Coutts • Milk River • New Dayton

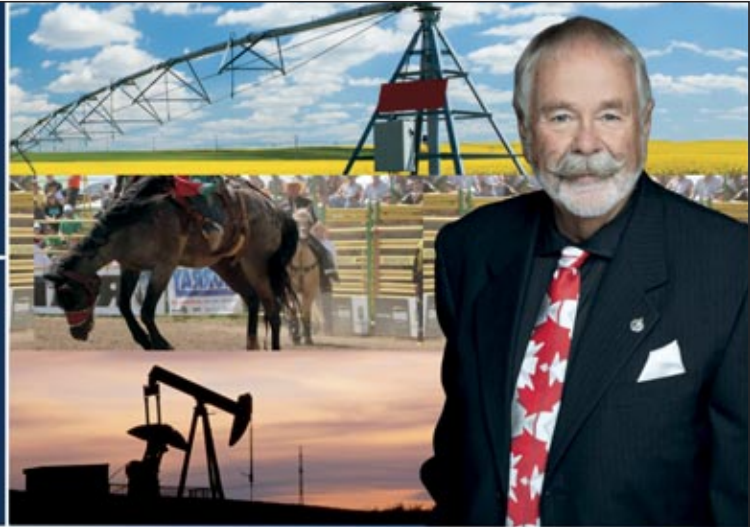


January - June 2024



Martin Shields

Member of Parliament
Bow River



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*Building strong
communities
together*

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Hon. Grant Hunter, MBA, ECA

**MLA for
Taber-Warner**

TABLE of CONTENTS

ACADEMIC UPGRADING

A.B.E. (Adult Basic Education) 4
 G.E.D. (General Educational Diploma) 5

ENGLISH LANGUAGE LEARNING

Evening English Language Classes. 6
 Ladies' Morning English Classes 6
 Enchant Evening Classes 6
 Canadian Citizenship Test Prep 7
 Conversation Cafe 8
 Hodgepodge English Night 8
 Spring English Classes 8

DIGITAL SKILLS

Digital Coaching 9
 Custom Guide Training 9

TUTOR PROGRAM

Volunteer Tutor Program 10
 Tutoring 10
 Public Access Computers 10
 Taber Youth Employment Program 14

NEWCOMERS' SERVICES 18

GENERAL INTEREST

Babysitting Basics 9
 Standard First Aid 9

EMPLOYMENT

Bistrainer 11
 Canada-Alberta Job Grant 11
 SAEST (Southern Ab Employer Training) 20
 SAEST courses 21
 Taber Employment Assistance (T.E.A.) 22
 Job Fair & Employer Lunch 23

COUNTY OF WARNER CLASSES

Let's Move exercise class 26
 Computer Fundamentals & Digital Helps 26
 Babysitters Course 26
 Senior Connections 27
 Hodgepodge English Night 29
 Conversational Cafe 29
 First Aid 29
 Cultural Kitchen 29

Message
 from the
Executive Director
Cindy Slenders



A new year, new hope, new promises and new beginnings. It is a good time to reflect on what has been accomplished and the changes to undertake in the new year. I wish to thank our community members, supporters, donors, staff and volunteers for their hard work and dedication.

An overview of last year's operations resulted in:

- TDCALA providing service to over 1400 unique clients and learners from 15 different countries of origin.
- 8212 hours of instruction were provided through our many programs.
- 4 job fairs that served 26 employers and over 140 job seekers. 260 employers engaged with our SAEST program.
- 37 volunteers provided over 1400 hours of service; an average of nearly 38 hours per volunteer.
- 33 full time, part time contract and instructional staff delivered programming, services and administration to the agency.
- 2 board members retired - Terri-Lynn Duncan and Zakk Morrison. A big thank you for your service, leadership and guidance. Your skills and expertise added to the successes of our organization
- 2 new board members came aboard – Sid Tams and Trent Ervin. Welcome to the leadership table!

It was a busy year. It is amazing what needs can be addressed by working collaboratively in our communities.

Taber & District Community Adult Learning Association continues to provide many different services and learning opportunities. There is something for nearly everyone. If you are looking for work, or looking for workers; looking for professional development (First Aid, Mental Health First Aid) or improving your marketable job skills through on-line short courses, talk with the program staff at Youth Employment Program, Taber Employment Assistance or Southern Alberta Employer Supports and Training. If you are looking to learn English, know someone who needs some help learning English or would like to volunteer to help others learn to speak, read and write English; give us a call or drop by and we can set you up through our EAL Drop-In center. If you are looking to upgrade your academic skills we have Work Foundations, Adult Basic Education and GED/Canadian Adult Education Credential programs. Stop by and we can provide information to assist you in making the decision that is right for you. If you need assistance filling in forms, navigating government services, or access to computers and printers, come and visit our office located in the provincial building. If you have program suggestions, come in and discuss it with our team. We are at your service. Learners, clients and community are at the heart of everything we do. We continue to work diligently to live our mission: *"... changing and improving one life at a time."*

Hours: 8:30 a.m. - 4 p.m. • Phone: 403-223-1169 • Fax: 403-223-3412
Email: information@taberadultlearning.com
Facebook: Taber and District Community Adult Learning Association
• Website: taberadultlearning.com
Located in the Provincial Building at 5011 - 49 Ave., Taber, AB, T1G 1V9



The remarkable addition of the ADULT BASIC EDUCATION COURSE

In September 2022, the educational landscape in Southern Alberta welcomed a transformative addition - the Adult Basic Education Course (ABE). This innovative course has quickly become a resounding success, changing lives and opening doors to new opportunities.

This course was launched with nine students, almost double the number of students that were expected. Since then the course continues to meet and exceed enrollment and satisfaction targets.

The ABE course is designed to provide a strong foundation in mathematics, reading and writing skills. This comprehensive approach allows participants to build a solid base from which they can launch into more advanced academic upgrading programs. As demand for the course continues to grow, calls are starting to come in from other parts of the province to expand access to this initiative. It's clear that the ABE course is addressing a crucial need in the region, offering valuable skills for both work-life and daily living.

One of the program's greatest strengths is its adaptability. It serves as a stepping stone for indi-

viduals looking to improve their skills and knowledge. Whether it's learning how to write an essay or gaining the confidence to fill out forms and start their own business, the course empowers its participants to take control of their future.

The course is not confined to one location, it is accessible both in person and online, reaching participants from various areas. The 11-week program runs three nights a week. It's not just about the academic curriculum; the course is also a confidence-building journey.

The success stories emerging from the ABE program are a testament to its positive impact. The Adult Basic Education Course is not just an educational initiative; it's a catalyst for personal growth, increased confidence, and improved career prospects. Open to anyone aged 18 or older, it has become a lifeline for those seeking to improve their academic skills and make a significant impact on their lives. In just one year, it has grown from a local solution to a province-wide necessity, leaving a trail of inspired individuals in its wake.

A.B.E. Adult Basic Education

January 30 - April 11, 2024

Tuesday, Wednesday, Thursday 5:30-8:30 p.m.

In Person at the Taber Provincial Building or Online via Zoom

ABE 102 This course will help learners to upgrade their understanding of reading, writing and math. This 99-hour program runs three evenings per week for 11 weeks. This course is intended for adult learners who struggle with work related and/or daily reading, writing and math tasks; or for those learners wanting to upgrade their academic skills before enrolling in the Canada Adult Education Credential preparation program.

*Funding may be available for eligible students
\$300 for those who do not qualify for funding*



TO REGISTER OR FOR MORE INFORMATION PHONE 403-223-1169

The future of Adult High School Equivalency

GED transitioning to CAEC

The GED has been a longstanding pathway for adult learners to gain their high school equivalency credential to support employment and training goals. Recognized by employers, industry and government ministries, the GED has become important to many in our region's communities. Taber Adult Learning has run GED preparation classes for many years graduating between 20 and 30 learners per year.

On August 1, 2023, students across Canada that had registered for the Canadian GED program received an email from the GED Testing Service stating that the Canadian GED series exams would be ending on May 3, 2024. This move, while not surprising, was not anticipated to happen so quickly or abruptly by most GED preparation programs and writing centers.

Education ministries across Canada have been developing our own high school equivalency credential, and had advanced so far as to pilot exams in 2021 and 2022. However, the credential was not yet complete enough to reveal as the GED placement across Canada. GED Testing Service's announcement in August took the Alberta Education ministry folk responsible for the GED in Alberta off guard.

The replacement for the GED will be called the Canadian Adult Education Credential (CAEC). Learning outcomes will be released later in fall 2023 or early winter 2024. This will allow service agencies such as TDCALA to plan for fall

delivery of the new high school equivalency credential. We will release further details as they become available.

We anticipate that adult learners who would have otherwise registered for the GED will be able to register for CAEC beginning September 2024 here in Taber. TDCALA remains committed to ensuring that an equivalency credential pathway is available for learners in our region.

Last Chance to Write

GED EXAMS

If you need to write your GED exams or have a subject or two that you need to rewrite - don't miss this opportunity!

FINAL EXAM DATES: February 5, 6
March - to be determined
April 29, 30

For more information or to register call: 403-223-1169



Town of Vauxhall

A place of possibility

Where to find us:



www.town.vauxhall.ab.ca

403-654-2174 • 223 5th Street N.



LADIES MORNING ENGLISH CLASSES

Learn more reading and writing in English!
This class will focus on reading and writing at a foundational level and build confidence in speaking English. Students will learn more about life in Canada and local community resources. Childcare provided.

GRASSY LAKE (CAL216)

January 15 - March 25, 2024

Monday, Wednesday, 8:30 a.m. - 12 p.m.

NO CLASS MONDAY, FEBRUARY 19

Grassy Lake Chamberlain School

IN PERSON COST: \$75.00

VAUXHALL (EAL202)

January 16 - March 21, 2024

Tuesday, Thursday, 8:30 a.m. - 11:30 a.m.

Vauxhall Elementary School

IN PERSON COST: \$75.00

TABER ENGLISH FOUNDATIONS

Level 1 (EAL201)

This 10-week class will prepare you to read and write the alphabet, learn days of the week, sound and spell English words and learn word family patterns. You will also learn how to ask and answer basic questions that will help you in your daily life.

January 16 - March 21, 2024

Tuesday and Thursday, 9 a.m. - 12 p.m.

Taber Provincial Building, 5011 - 49 Ave., Taber

Cost: \$75.00 Delivery Mode: In Person

**CHILDCARE PROVIDED FOR CHILDREN
18 MONTHS TO 5 YEARS OLD**

EVENING

English Language Classes

TABER — READ AND WRITE EVENING CLASS LEVEL A (EAL203)

In this class you will learn how to read, write and use everyday vocabulary, phrases and sentences. You will learn to follow written and verbal instructions and more.

Dates: Mondays, January 8 - March 18, 2024

No Class February 19

Time: 6:30 p.m. - 8:30 p.m. **Delivery Mode:** In Person

Location: Taber Provincial Building **Cost:** \$50.00

TABER — READ AND WRITE EVENING CLASS LEVEL B, TABER (EAL204)

In this class you will learn how to write short informal messages, basic personal information and paragraphs on topics that are familiar to you such as notes and emails from a landlord, supervisor or workplace.

Dates: Wednesdays, January 10 - March 13, 2024

Time: 6:30 p.m. - 8:30 p.m. **Delivery Mode:** In Person

Location: Taber Provincial Building **Cost:** \$50.00

VAUXHALL ENGLISH FOUNDATIONS (EAL205)

This evening class focuses on improving English reading and writing at a foundational level, practicing English speaking for daily life and building confidence in communication in English.

Dates: Tuesdays & Thursdays, January 16 - March 21, 2024

Time: 6:30 p.m. - 9:00 p.m. **Location:** Vauxhall

Delivery Mode: In Person **Cost:** \$50.00

VAUXHALL HIGHER LEVEL ENGLISH CLASS (CAL214)

Dates: Mondays, January 15 - March 25, 2024

No class February 19, 2024

Time: 6:30 p.m. - 8:30 p.m.

Delivery Mode: In Person

Location: Vauxhall **Cost:** \$50.00

NEW

**Enchant
Evening
Classes**

ENCHANT HIGHER LEVEL ENGLISH CLASS (CAL217)

Wednesdays

January 17 - March 6, 2024

7:40 p.m. - 9:10 p.m.

Delivery Mode: In Person

Location: Enchant **Cost:** \$50.00

ENCHANT FOUNDATIONS ENGLISH CLASS (CAL217)

Wednesdays

January 17 - March 6, 2024

6 p.m. - 7:30 p.m.

Delivery Mode: In Person

Location: Enchant **Cost:** \$50.00

Nurturing Community Growth:

The role of Taber's EAL Drop-In Centers in supporting Language Education

The EAL Drop-In Center in Taber plays a vital role in offering opportunities to those in the community who are attempting to learn the English Language. Taber is one of three locations in Alberta with a drop-in center, the other two being in Edmonton and Calgary.

The center runs morning and evening classes that have seen considerable success. This last spring, the centre offered a set of extra classes that were very well received by learners.

These classes cater to those who seek to improve their English skills, meeting the learning needs of a diverse range of learners.

One hallmark of the Drop-In Center's English classes is their focus on conversational proficiency. Conversational classes held in the evenings provide an interactive space for participants to enhance their speaking and listening skills. This approach recognizes the practical importance of being able to communicate effectively in a language.

Vauxhall has become a hub for these language classes. The Drop-In Center extends its services to this area, recognizing the need for language education among the diverse population, including Ukrainian workers welcomed by local farmers. Last year in response to the influx of Ukrainians, the center offered



Students in the Ladies Morning English Class improve their English skills with teacher Carolyn Johnson (right).

additional classes in Enchant and online to meet the emerging needs. This initiative is a testament to the center's adaptability in meeting the ever-evolving needs of its community.

To cater to diverse skill levels and specific needs, the Drop-In Center adopted a more flexible model by running two evening English classes divided by proficiency level. This approach not only accommodates local residents looking to improve their language skills but also temporary foreign workers who

have signed up for higher-level classes.

Taber's Drop-In Center is a testament to the power of community-driven initiatives that cater to unique local needs. In a town with its own distinct identity and challenges, this center stands as a pillar of support for language education. By focusing on conversational proficiency, expanding to neighboring communities, and customizing learning experiences, the center has successfully navigated the balance between the expectations set by funders and the needs of Taber and area residents. It serves as a shining example of how dedication, adaptability, and a deep understanding of the community can make a significant impact in nurturing community growth through education.

CELPPIP

Prepare for the Canadian English Language Proficiency Index Program (CELPPIP) exam.

This class will instruct in all four skills: reading, writing, listening and speaking.

TABER CLASSES (CALT219)

Wednesdays

January 24 - March 27, 2024

6 p.m. to 9 p.m.

\$50.00 ● In Person

CITIZENSHIP PREPARATION CLASSES

(CALT221)

Prepare for the Canadian Citizenship Exam!

Learn more about Canada's government and history and get ready to become a Canadian citizen.

MONDAYS

January 22 - March 18, 2024

(No class February 19)

6:30 p.m. to 8:30 p.m.

\$50.00 ● Online Video Meeting

To register or for more information call or drop in

Ph: 403-223-1169 ● 5011 - 49 Ave., Taber Provincial Building



CONVERSATION CAFE — TABER (EAL208)

Practice your English speaking and listening in a relaxed group class. Learn more English for daily life. You will learn to describe and summarize, ask and answer simple questions and focus on learning new vocabulary so you can communicate your feelings, thoughts and opinions.

Class 1:

Tuesdays, January 16 - February 13, 2024

Class 2:

Tuesdays, February 27 - March 26, 2024

Time: 6:30 p.m. - 8:30 p.m.

Location: Taber Provincial Building

Cost: \$25.00

Delivery Mode: In Person

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For more information and to register for these programs call Taber Adult Learning 403-223-1169
.....

HODGEPODGE ENGLISH NIGHT



Women's Night

A relaxing, fun-filled evening event, once a month, will provide you with an opportunity to practice your English skills through word games and craft activities. Information sessions presented by guest speakers from community organizations and businesses will be a regular focus. Women age 18 years and older welcome.

TABER (EAL209)

3 Dates: Friday, Jan. 19, Feb. 16, Mar. 15, 2024

Time: 6:00 p.m. - 8:30 p.m.

Location: Taber Provincial Building **Cost:** \$10.00

GRASSY LAKE (CAL230)

3 Dates: Wednesday, Jan. 17, Feb. 28, Mar. 20, 2024

Time: 6:30 p.m. - 8:30 p.m. **Cost:** \$10.00

Location: Grassy Lake Chamberlain School

VAUXHALL (CAL213)

3 Dates: Thursday, Jan. 18, Feb. 15, Mar. 14, 2024

Time: 6:30 p.m. - 8:30 p.m.

Location: Vauxhall Elementary School **Cost:** \$10.00

Vauxhall Ladies MORNING ENGLISH

April 9 - May 16, 2024

Tues./Thurs.

8:30 - 11:30 a.m.

Cost: \$50

Childcare provided for children ages 18 m - 5 yrs.

Taber EVENING ENGLISH

April 10 - May 15, 2024

Wednesdays

6:30 - 8:30 p.m.

Cost: \$50

Taber Provincial Building

Taber MORNING ENGLISH

April 8 - May 15, 2024

Mon./Wed., 9 a.m. - 12 p.m.

Taber Provincial Building **Cost: \$50**

Spring ENGLISH CLASSES



BABYSITTING BASICS CR202

Learn how to care for children safely as a certified babysitter! Topics include: child development, positive behavior management, home and outside safety, and injury prevention. Certificates issued upon successful completion of class. *Must be 11 yrs. or older to attend this class.*

TABER - 2 Dates to Pick from:

Saturday, January 27 or May 4, 2024

Location: Taber Provincial Building

VAUXHALL - Saturday, March 9, 2024

Time: 9:00 a.m. - 4 :00 p.m. **Cost:** \$90.00

Delivery Mode: In Person

STANDARD FIRST AID (2 day course) CALT227

Get certified in Standard First Aid! This two-day course will cover all the basic first aid skills, and includes CPR and AED training. Certificates issued upon successful completion of the class.

Dates: Fridays, March 8 and 15, 2024

Time: 8:00 a.m. - 5:00 p.m. **Cost:** \$150.00

Location: Taber Provincial Building

Delivery Mode: In Person

DIGITAL COACHING CALT509

Have a tech problem or a digital question? Looking for an answer, but just not sure where to go? Book an appointment with our digital skills coach. Call to book an appointment at a time that works for you!

Location: Taber Provincial Building

Delivery Mode: In Person **Cost:** \$10.00/session

CUSTOM GUIDE *Online Computer Training*

This online interactive self-paced training will help you improve your digital skills in programs like Word, Excel, Gmail, Google Suite, Zoom and Windows! Purchasing a monthly subscription gives you full access to almost 100 courses. Certificates are issued for completed courses.

\$40.00
per month

If you don't have internet or a computer at home, come into our office and use our public access computers to complete the training!

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- Social Services Diploma
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- Trades & Transportation Programs
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Rebekah Fehr helps Myroslav Bukatka, one of many walk-in clients, with some paperwork.

The vital role of Learner Support Programs

Learner support is a critical component of any educational institution's success. At TDCALA, it also helps community members navigate the many and complex community supports. This support plays a pivotal role in ensuring that individuals from diverse backgrounds and experiences can access and thrive in learning environments and participate more fully in our communities. Learner support programs exist to address learners' and community members' challenges and ensure that no one is left behind.

One of the primary goals of learner support programs is to serve as a central hub for information and resources. Many potential learners are struggling to navigate the increasingly digital landscape of education and information. Learner support programs bridge this gap by offering guidance and assistance, ensuring that these individuals can access services, information, and skills development opportunities.

From July 1, 2022, to June 30, 2023, the learner support program served over 700 clients, and 1000 service requests with over 1300 hours of service. This represents a significant increase from the previous year, nearly doubling the number of clients seeking assistance. It's evident that more people are recognizing the value of these programs and actively seeking help, especially since the closure of the Alberta Works office and MCC Taber office.

Learner support programs are invaluable in ensuring that education is accessible to all. They provide a central hub for information, resources, and referrals, effectively guiding learners on their educational journeys and enhancing their ability to navigate the complex networks of community supports. The stories of transformation, where learners go from feeling overwhelmed and burdened to confident and empowered, and community members go from feeling disheartened to feeling supported, demonstrate the profound impact of learner support programs. It is clear that these programs play a vital role in leaving no one behind.

PUBLIC ACCESS COMPUTERS

Public access computers at Taber Adult Learning are available for online training, employment and career information, resume development, and accessing government websites for information on programs and services. These computers can be accessed **FREE** of charge.

**HOURS: MONDAY TO FRIDAY,
8:30 A.M. - 4:30 P.M.**

*Drop in to our Office at the
Taber Provincial Building*

TUTORING

*Work one-on-one with a trained
community volunteer to improve
a specific skill.*

- Need help preparing for an exam?
- Want to practice speaking in English?
- Need to practice your reading skills and comprehension?

Tutoring lessons are available at many different times. Study at a time that works for you!

FREE 1-2 hour sessions once a week
Call us to sign up!

VOLUNTEER TUTORS NEEDED!

*Are you interested in making a
difference in someone's life?*

Our tutors meet with a student one-on-one to work on improving their skills. Subjects for tutoring could include all levels of English language learning, literacy and reading comprehension, math and test preparation like Class 7 learners or English tests. Schedule is flexible, and the time commitment is 2-3 hours/week. Lessons are held in-person or online. No previous experience required, and we provide materials and training.

If you would like to learn more or are interested in becoming a volunteer tutor, please call our office at 403-223-1169



**For more information:
Ph: 403-223-1169
or visit 5011 - 49 Ave., Taber**

Canada-Alberta Job Grant TRAINING PROGRAM

A training program where the employer applies on behalf of their present or future employees.

Employers decide who gets training and what type of training may be needed for their employees.

Employers are required to contribute one-third of the total training costs for existing employees. Government contributes two-thirds of the cost to a maximum of \$10,000 per trainee per fiscal year.

If hiring and training an unemployed Albertan, up to 100% of training costs could be covered, up to \$15,000 per trainee.

Eligible Employees include:

- Canadian citizens
 - Permanent residents
 - Business owners (incorporated, unincorporated, sole-proprietor, partnerships) with 4 or fewer employees, including all owners, are now eligible trainees
 - Employed family members
- Temporary Foreign Workers and family members that are not currently employed with the business are not eligible for this program.*

More information about the program is available at:
<https://www.alberta.ca/canada-alberta-job-grant.aspx>

Programs that are eligible at Taber Adult Learning include:
 C.A.E.C. course, A.B.E. course and Work Foundations.
 Bistrainer courses that are 24 hours or longer also qualify.
For more information call Taber Adult Learning 403-223-1169

Taber Adult Learning BISTRAINER

Looking to upgrade or improve your skills so that you can get that job or promotion?

Are you wishing that you could take that training course at a time that suits you without having to leave the area?

EMPLOYERS – are you looking for ways that your employees can update or upgrade their skills?

Bistrainer is an online platform for people who are looking for business training to update or upgrade their skills without having to leave the area. Training areas include driver training and demerit point reduction; safety training; leadership, management and customer service training; equipment training, and more...

Don't have a computer or access to internet?

Individuals enrolled in Bistrainer courses can access Taber Adult Learning's public access computers to complete their Bistrainer courses.

CHECK OUT THE COURSES THAT ARE AVAILABLE:
 Access our website to view courses or register online under the "Online Services" tab at
www.taberadultlearning.com



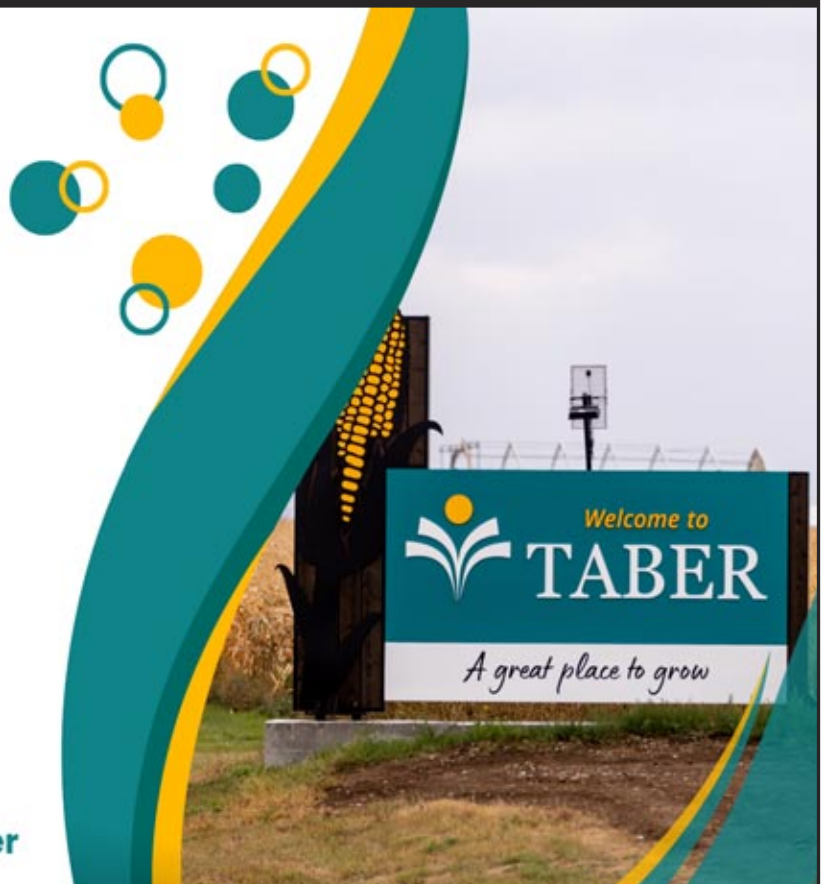
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place to grow!**

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Maria Wall, left, is presented with a certificate from Cindy Slenders, Executive Director of Taber Adult Learning, at the Celebration of Learning for the Ladies Morning English class. The PepsiCo Foundation Bursary supports the childcare program for mothers attending Ladies Morning English classes.



Abe and Sana Fehr are working on their digital skills while attending the Work Foundations class. Funding from the PepsiCo Foundation Bursary allows the expansion of content for digital learning.

PepsiCo's Commitment to Community Enrichment

In the realm of corporate social responsibility, PepsiCo is a name that stands out for its dedication to making a positive impact on the communities it serves. Through its philanthropic arm, the PepsiCo Foundation, the company has initiated a range of programs aimed at enriching the lives of individuals in various countries, including Canada, the United States, and Mexico.

PepsiCo's commitment to supporting local communities is exemplified by the PepsiCo Bursary Program. This program provides 100 bursaries across Canada, the United States, and Mexico. The PepsiCo Foundation website states, "There are far too many communities around the world, however, that are systemically excluded from access to the essential resources they need to grow, prosper and thrive — like nutritious food, safe water and economic opportunity. That is why the PepsiCo Foundation's work focuses on the creation of sustainable and innovative solutions to these three critical socio-economic issues. We know that by alleviating the stress and strain of these barriers, we come one step closer to creating a more equitable world for all."

The generous sponsorship by PepsiCo is instrumental in furthering the continuation of community programs. This support allows organizations to reach more individuals and communities, ultimately leading to a more enriched and

empowered society. The PepsiCo Bursary Program's commitment to tackling economic barriers and improving access to education and employment opportunities is a testament to its dedication to community development. The PepsiCo Bursary Program aims to reduce barriers often experienced by individuals in the community when it comes

to achieving their educational goals.

This includes providing scholarships for tuition fees for courses, help in covering childcare expenses, and even aiding in transportation costs. TDCALA was nominated by our local PepsiCo and received the award early in summer 2023. The funds will be used to cover child-minding expenses, and tuition support for TDCALA's English as an Additional Language programs.

PepsiCo's dedication to community enrichment through the PepsiCo Bursary Program is a testament to the com-

pany's commitment to making a positive impact. By reducing barriers, supporting language programs, and assisting clients in their educational and employment pursuits, PepsiCo is actively contributing to the growth and development of communities in Canada, the United States, and Mexico. The bursary program is more than just financial aid; it is a symbol of hope, opportunity, and empowerment for individuals striving to overcome challenges and realize their dreams.

“

There are far too many communities around the world that are systemically excluded from access to the essential resources they need to grow, prosper and thrive — like nutritious food, safe water and economic opportunity.

— *PepsiCo Foundation website*



Bandaged — Summer 2023 YEP students are certified in Sant John Ambulance Standard First Aid. Right Photo: YEP student Sada learns how to safely use a fire extinguisher while dressed in full gear.



Taber Youth Employment Program

Unlocking opportunities and transforming lives

In a world where countless young individuals are searching for their path to success, the Youth Employment Program (YEP) is a guiding light to possibilities and promise. This program, designed for those between the ages of 18 to 30, opens doors to life-changing experiences and employment prospects. The essence of this initiative lies in identifying and reducing barriers that often prevent young people from finding their footing in the workforce. With unwavering support and dedication, the program guides participants towards a brighter future.

This program is a comprehensive 19-week “earn while you learn” journey that takes participants through various stages of self-discovery and skill enhancement.

The initial 7 week classroom phase, provides a nurturing environment for growth. Here, young minds not only gain valuable soft skills, digital literacy, career search know-how, money management, time management, and certifications, they are paid minimum wage to do so. This phase acts as a springboard for what is to come, instilling confidence in our program participants. Participants spend the next 12 weeks exploring their interests and honing their skills. Employers provide valuable on-the-job experience, and many times, permanent positions. This phase is the true essence of the program, as it gives participants a glimpse of what a fulfilling career can be.

The program offers quality employ-

ment opportunities in a wide variety of settings. It's about making a difference and providing an environment where participants can thrive. The program is dedicated to removing barriers and offering additional support, ensuring that participants are positioned to succeed.

The program's success rate speaks for itself, with a remarkable 75% of participants being employed for at least an additional 12 weeks after completing the initial 19-week program. This extended employment period underlines the transformative impact of the program. The real-world success stories of program participants speak to the heart of this initiative, proving that with the right support and determination, the future is limitless.



ANNA

Central Elementary School,
work experience placement

This is our first time working with the YEP program and hosting a YEP participant in our environment. In short, our experience has been incredible. The participant has brought a rich perspective and top-notch work ethic to our entire staff and we are so pleased to have her with us. The program has provided clear communication and excellent support throughout the entire process. We would, in a heartbeat, be grateful to work with the YEP program again, and look forward to doing so!

Shea Mellow, Principal, Central School



TINA

Taber Home Hardware
work experience placement

Working with YEP has been professional and easy. Our organization has always been inclusive and willing to entertain different avenues of hiring. We also love to support local programs and talent within our community to attract the best candidate for the job. The YEP program takes away many of the challenges that arise when seeking and hiring great talent. This is a win/win program and is recommended to any employer looking to hire.

Jeremy Riehl, Manager Home Hardware

50 Years of Uplifting Lives

Taber and District Community Adult Learning celebrates its remarkable journey of volunteerism and service

As of 2023, Taber and District Community Adult Learning has been serving and uplifting people in the community for 50 years. This remarkable milestone was celebrated with immense joy and gratitude during the Volunteer Appreciation Night held in April 2023.

The event was a grand affair, bringing together over 50 people, each with a unique story of dedication and compassion. As the community gathered to honor their unsung heroes, three significant volunteers stood out, each embodying the spirit of selflessness and kindness that has propelled the agency forward for half a century.

The crown jewel of the volunteer efforts is the volunteer tutor program, a beacon of hope for those striving to improve their English language skills and attain various educational goals. Learners in the tutoring program are ambitious adults, focused on improving their language skills, enhancing their reading and writing skills, preparing for their GED exams, and conquering the challenges of studying for important tests that will shape their futures.

During the event, heartfelt gratitude was expressed for everyone who had contributed their time and efforts to help

others on their learning journeys. Special mentions were made of three volunteers for their selfless efforts to assist learners in various aspects of the agency's operations: Alf Rudd, Board Chair for 10+ years, Bonnie Wenker for her years of service in program administration, and Ferris Zaugg for his countless hours helping newcomers and community members prepare for their driving road tests. Board members, event organizers, and community members who provided crucial input on advisory and event planning were all celebrated. The agency's success and impact were a testament to the collaborative spirit and shared vision of all those involved.

In the end, the Volunteer Appreciation Night was a beautiful celebration of a remarkable journey that has unfolded over five decades. It was a reminder that with unity, compassion, and dedicated individuals, communities can come together to create a brighter, more promising future for all. The agency's legacy of service and volunteerism will continue to inspire and uplift generations to come, leaving an indelible mark on the tapestry of their beloved community.

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Congratulations



Jane Brenner presents Susana Fehr with a cheque in recognition of receiving the Jane Brenner Scholarship Award.

Overcoming barriers and pursuing dreams

The inspiring journey of SUSANA FEHR

In the realm of education, there is no shortage of inspiring stories of individuals who have overcome significant challenges to achieve their dreams. Susana Fehr's journey is a testament to the power of determination, resilience, and the transformative potential of adult education programs. She is a deserving nominee for the Jane Brenner Foundational Learning Award.

Jane Brenner was the executive director of the Taber and District Community Adult Learning Association for 36 years and a pioneer of education in the community. Following her retirement, a bursary was announced in her name to honor learners who share her drive and excitement for education. This award recognizes learners in intensive programs like ABE, GED, and Work Foundations who have demonstrated significant growth and commitment to overcoming their challenges during their studies. The nomination process involves instructors and staff selecting individuals who have shown exceptional dedication to their educational journey, with the winner(s) chosen by a committee. The award is typically presented at or near TDCALA's annual general meeting.

The story of Susana Fehr begins with her immigration to Canada in July 2022. She, her husband, and their two young children made the bold decision to relocate in search of a better lifestyle and more opportunities. Susana decided to explore her options for improving her English language skills and achieving her GED diploma. In pursuit of her goal, Susana approached Taber Adult Learning

to inquire about programs that could assist her in enhancing her English language skills and ultimately earning her GED diploma. After an initial assessment, it was determined that the Adult Basic Education (ABE) program was the ideal starting point for Susana. She embarked on her educational journey by enrolling in the program in the fall of 2022, a decision that marked the beginning of her remarkable transformation.

Susana's journey was characterized by hard work, dedication, and perseverance. She tirelessly attended classes, studied at home whenever possible, and managed the responsibilities of home life and part-time work. Her commitment went above and beyond, as she actively sought free tutoring services and formed a study group with fellow students who shared her determination to succeed. Her dedication was not just an individual endeavor; it served as an example to her children, who found inspiration in their mother's pursuit of education, and her husband, who encouraged her to continue her studies to obtain her GED.

Through unwavering commitment and relentless effort, Susana achieved her goal of earning her GED diploma. Her success is not just a personal triumph but also a testament to the effectiveness of adult education programs. Susana's journey is far from over; she now has her sights set on a dream career – becoming a realtor. Her ambition knows no bounds, and with the right support and education, she is well on her way to achieving this dream.

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Support Services *for* NEWCOMERS

Canada has a proud tradition of welcoming newcomers from all around the world. However, settling in a new country can be a complex and challenging process, especially for those who have arrived within the past five years. Newcomers to Canada often face language and literacy barriers that can hinder their ability to navigate their new lives. The Newcomer Services program in Taber steps in to bridge these gaps. These services are accessible to those who require assistance, regardless of how long they have been in the country.

One of the most effective methods of reaching newcomers is through word of mouth. Satisfied clients who have benefited from settlement services offered by the Newcomer Services Office often share their experiences with others, encouraging them to seek help. Additionally, newcomers can simply come to the office and complete an intake form and needs assessment. This assessment ensures that they receive the specific support required for their comfortable settlement.

This program goes the extra mile to make newcomers feel at home. Welcome bags, filled with thoughtful gifts from local businesses, provide a warm and inviting gesture. These bags often include information about accommodations, free and low-cost items, public library services, food banks, and volunteer opportunities. The aim is to not only meet the immediate needs of newcomers but also to introduce them to the broader community and resources available to them.

One of the remarkable aspects of settlement services is in raising awareness about the benefits and opportunities available to newcomers. Many individuals may be eligible for support but are unaware of it. The Newcomer Services Office plays a crucial role in ensuring that newcomers know about



Cynthia Holt, Newcomers Coordinator (left) and Nyadeng Chol prepare information to call a government agency.

these opportunities and help them access the benefits they qualify for.

Settlement services often become lifelines for vulnerable individuals. Collaboration between the Newcomer Services Office and other agencies such as St. Vincent de Paul, Taber Victim Services, and FCSS help to support many newcomers in difficult situations.

Newcomers may encounter bureaucratic hurdles, especially when it comes to legal documentation and access to service. For example, a family needed assistance in obtaining a visitor record and then healthcare coverage for the wife and daughter. The Newcomer Services Office not only provided them with the necessary guidance but also helped with English language translations to communicate their needs effectively to relevant agencies.

The Newcomer Services Office plays a vital role in the lives of newcomers, helping them overcome various barriers and challenges as they build their futures in their new home. The stories of individuals and families who have benefited from these services underscore their invaluable contribution to the rich tapestry of Canada's multicultural landscape.

Are you new to Canada?

We can help you with:

- ✓ Information on government systems, community organizations, and more
- ✓ Filling out forms
- ✓ Interpreters: Low German interpreter on staff, Spanish, Filipino, and Ukrainian interpreters may be available
- ✓ Connecting to community resources like getting a driver's license and an Alberta health card
- ✓ Learning English
- ✓ Information sessions about important aspects of Canadian life
- ✓ Connecting with other newcomers to the Taber area



YOU CAN FIND US
at

5011 49 Avenue, Taber
(Provincial Building)

☎ **403-223-1169**

📞 **403-892-1603**
(text/WhatsApp)

email: [Newcomers@
TaberAdultLearning.com](mailto:Newcomers@TaberAdultLearning.com)

Hours:
Monday to Friday
8:30 a.m. - 4 p.m.

Low German Interpreter
Available



Scan the QR code to sign up for emails so that you know about all the events happening in the Newcomers' Services Office.

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Farm Leadership —
Managing Current Challenges*



March 7 - 8, 2024 | Heritage Inn, Taber

Intended Audience: Agribusiness Owner, Industry Partners, general public
Registration costs and block of room information to follow early January 2024.

For more information, or to sponsor this conference please email: graham.abela@gmail.com



Books Are Not Our Full Story

Taber Public Library is proud to offer:

- ◆ Access to items from all 33 Chinook Arch Member Libraries with just one library card
- ◆ Family programs
- ◆ Low-cost fitness classes
- ◆ Access to CELA audiobooks for persons with disabilities or physical challenges
- ◆ Assistance with Alberta Wide interlibrary loans
- ◆ An expansive Outdoor Literacy Collection including skates, snowshoes, lawn games, trekking poles and more
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- ◆ Free Wi-Fi & computer access
- ◆ Printing Services
- ◆ Free to use Quiet Room for studying, attending virtual classes, hosting small meetings, etc.
- ◆ Program Room Rental
- ◆ Take and Make craft kits
- ◆ In-House Nintendo Switch Gaming System
- ◆ Delivery to seniors or home-bound patrons
- ◆ Staff who are always willing to help you!

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403-223-4343

help@taberlibrary.ca

SAEST Empowering Dreams and Building Communities

Southern Alberta Employment Supports and Training Program (SAEST) is not just a FREE resource; it's a lifeline, providing the tools, support, and opportunities for employers to efficiently apply easy to use information and accessible training so that they can concentrate on growing their business.

The program enhances the capacity of businesses in the region to recruit, orientate, onboard and retain a skilled workforce; ultimately building strong vibrant business while contributing to the economic development and prosperity in Southern Alberta.

SAEST is a one-stop shop for employers looking for business related information with regard to recruiting, orientating, onboarding and retaining employees. The program operates on the principle of collaboration and coordination. SAEST crosses over between multiple programs, providing job boards and a wealth of resources to benefit both employees and employers.

By empowering businesses with the tools they need to succeed, the program plays a pivotal role in fostering a robust local economy. SAEST can assist and coordinate employers' efforts with recruitment and retention through Taber Employment Assistance services; and developing site spe-



Our largest Job Fair in Taber was a huge success this year for Employers and Job Seekers!

cific English as an additional language training for your employees.

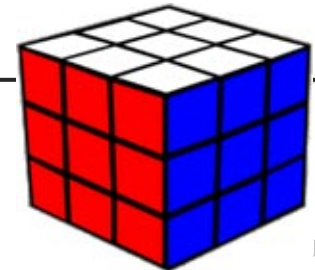
Our on-line and in-person training topics are specific to employers and their employees. In person professional development opportunities include first aid training, Mental Health First Aid and Intercultural Communications. On-line offerings include Diversity Equity and Inclusivity (DEI) training.

Taber Adult Learning offers a broad array of specific industry related skills and safety training, and digital skills.

The Southern Alberta Employers Supports and Training Program is a shining example of what can be achieved when a community comes together with a shared goal of empowerment and progress. As it continues to uplift individuals and businesses alike, it proves that, in the heart of Southern Alberta, a brighter future is not just a dream but a shared reality. This is more than a program; it's a testament to the power of collaboration and community spirit.

For more information about SAEST, contact Taber Adult Learning at 403-223-1169

Southern Alberta Employer Supports and Training



Supporting the Town of Taber, MD of Taber, County of Warner and the County of 40

We are a local Alberta Government funded program for employers, providing support and resources in helping you to meet your present and future workforce demands. Our services help support, guide and provide information for you in areas of **Recruiting, Employee Retention, Orientation and On-boarding, Worksite EAL programs, Health and Safety, On-line Training and Training Presentations.**

Employers will be able to **download documents and templates, access on-line training, follow links to relevant information on their industry, WCB, OHS, ALIS, FOIP, Labour Standards, Alberta Human Rights, Farm Safety, Employment Standards, Foreign Worker Programs, Economics and Demographics of this area and more.**

Contact our office to find out how you can easily access this program!

403-223-1169 www.TaberAdultLearning.com



Alberta

FREE Employer Training!

Mental Health First Aid Training *for the* Workplace

This course teaches employers how to recognize the signs and symptom of mental health problems; provide initial help; and guide a person toward appropriate professional help. Participants are taught the various types of mental health problems such as stigma, anxiety, depression, panic attacks, suicidal behavior, substance overdose, acute stress reaction, bipolar disorders, suicidal behaviour and psychotic episodes.



March 18 & 19 and May 13 & 14 — 9 a.m.-12 noon and 1-4 p.m. (each day)

Where: Taber Provincial Building, 5011 - 49 Avenue

Presenter: Lori Veltkamp from Mental Health Ready in Lethbridge

*This is an excellent course that normally costs \$220 but through SAEST, it is FREE to Employers!

Intercultural Communications Training for Employers

Did you know that 55% of the population in Southern Alberta did not speak English or French as their first language? Everyone experiences this culture gap on a daily basis though it is most important in a work setting.

This course will help participants learn about cultural gaps including language, values, identity, behaviour, misunderstandings, conflicts and exclusion. Understanding these gaps and how they relate to your work environment is the best foundation in formulating your process in building a strong company culture.

January 15, 22 & 29 — 6-8 p.m.

Where: Taber Provincial Building, 5011 - 49 Avenue

Presenter: Cindy Slenders, Executive Director of Taber Adult Learning

On-Line **FREE** **TRAINING COURSES**

PLEASE NOTE:

These courses are offered in the months of April and August and can be completed any time during the month.

All courses are provided through

THE CANADIAN
DIVERSITY
INITIATIVE

Respect and Inclusion in the Workplace

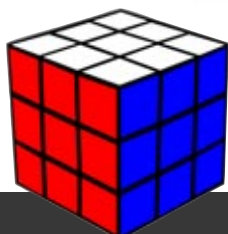
This self-paced, online training examines acceptable and unacceptable attitudes and behaviours in the workplace. This 1-hour course is endorsed by Safety Services Canada as a key educational component of occupational health and safety training. *This is a highly recommended course.

Unconscious Bias Training

We each have unconscious biases and left unaddressed, they can undermine logical decision-making and contribute to a toxic workplace, where respect and opportunity are not evenly distributed. This 30-minute course is self-paced and practical and explores ways to mitigate the effects of biases in the workplace.

Indigenous Awareness Training - Canadian Version

This on-line course educates participants about the history, traditions, values and beliefs of Canada's Indigenous Peoples. This 1 to 2 - hour course includes topics such as the history and legacy of residential schools, The United Nations Declaration on the Rights of Indigenous Peoples, Treaties and Indigenous rights, Indigenous law and Indigenous-Crown relations.



CONTACT OUR OFFICE FOR MORE INFORMATION OR TO REGISTER

Patrick Kavanagh, Employer Support Caseworker

Phone: (403) 223-1169 5011-49 Ave., Taber, AB, T1G 1V9

www.TaberAdultLearning.com



Alberta

Southern Alberta Employer Supports and Training

“

Attending the Employer Breakfast Networking Event featuring guest speaker Trevor Lewington's presentation on the local labor market was a highly valuable experience for our team. Trevor's insights were eye-opening and provided us with a deeper understanding of the workforce dynamics in our region. His presentation showed that we are not alone in our workforce struggles and showed very relevant reasons with the trends and statistics he presented. The Employer Breakfast gave us an opportunity to communicate with other businesses in the region and realize the challenges we all face with employment.

Dane Skow,
Production Manager, Unifirst

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Attending the job fair was a positive and rewarding experience for our company. Overall, we were able to make new connections with members of the community, and have face-to-face interaction that help our hiring process greatly.

Being able to meet job seekers in person, and have a venue to communicate with them, has not only helped us share the opportunities that we have available, but also make sure we are connecting with the right candidates and finding them the best fit within our business.

The location of this job couldn't have been better; it was convenient and central for both the employers and the job seekers. And as always, the staff running the event were helpful, professional and energetic – making the day that much more successful! Thank you for hosting such a great event, we are looking forward to the next one.

Ashley Roen,
Talent Acquisition Coordinator,
Western Canada Supply Chain,
Frito Lay, Pepsico.



The Employer's Breakfast was held September 7 at the Heritage Inn. Participants networked and listened to guest speaker Trevor Lewington who spoke about the general economic forecast and the amazing upside of potential in our region.

Taber Employment Assistance

Empowering Taber's Workforce

Taber Employment Assistance (TEA), is turning dreams into reality for people of all walks of life. TEA's mission is to provide job seekers, with the help they need to navigate the challenging job market. What sets TEA apart is their dedication to their clients; to help them gain the confidence, learn successful job search skills and have the interview skills to be successful in their job search.

One of their standout programs is the 'Work Exposure' initiative, which gives employers the opportunity to bring on new talent. The program will pay the minimum wage (\$15) for the 12 weeks of Work Exposure Training. This unique approach allows businesses to train new employees in the exact way they want, fostering a strong connection between employers and workers. TEA recognizes that sometimes it's not about placing clients into jobs but providing them with flexible opportunities to gain skills and experience.

One of the many ways TEA supports job seekers is by developing a unique, individualized resume. There are many people who have never had a resume - they have never had to sit down and think about their skills, what they are good at, and all the things about them that they can market to an employer. This includes helping the stay-at-home mom who is now re-entering the workforce portray her skills gained during that time in her life as a valuable asset to a future employer. TEA's approach is all about empowering the individual, helping

them gain the confidence to successfully enter the workforce. Many returning clients have gained the skills they needed for their initial jobs and are now applying for new and better opportunities.

TEA's support doesn't stop at the basics. They go the extra mile by helping job seekers with interview skills and confidence-building which are necessary skills in landing a job that can be easily missed. Through mock interviews, they address challenges and create tailored solutions for every individual. It's not a one-size-fits-all approach; it's personal and compassionate.

Another powerful aspect of the TEA program is their job fairs, which have been incredibly well-received. TEA has offered community Job Fairs as well as individual company fairs tailored to that business' specific hiring needs. These events not only provide opportunities for job seekers but also bring together the entire community, fostering a spirit of unity and support.

The free Employer Breakfast brings together many local employers to discuss issues that are important to them. Although the dynamic guest speakers and program presentations are always interesting and informative, the opportunity to network with other local employers is often the highlight of this event.

TEA's dedication to empowering and uplifting their community is a testament to their desire to help those within their sphere. When you have TEA by your side, there's no limit to what you can achieve.

WANTED

Taber and area adults looking for work

**Unlock your career potential with
Taber Employment Assistant Services**

WE OFFER:

- resume-development
- interview preparation
- in-house job board
- short term safety training
- online job search assistance
- job marketing and referrals

Alberta

Taber Adult
Learning

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**Tap into willing
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Paid 90-day training to our job seekers for real work exposure.

Invest in potential, shape the future and strengthen your team.

Contact Lynda or Margaret
403-223-1169

SAVE
the
DATE

JOB FAIR

and Employer Lunch

FREE

MARCH 13, 2024

Employers Lunch 12:00 - 1:30 p.m.

Job Fair 2:00 - 7:00 p.m.

at the Heritage Inn



ATTENTION EMPLOYERS

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*For more information or to register contact:
Lynda or Margaret at 403-223-1169*

lynda.nickol@taberadultlearning.com
margaret.plumtree@taberadultlearning.com

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If you are a newcomer to Canada, start in the Pathways to the Trades program. This customized trades program will help you improve your English while building skills needed to succeed in the southern Alberta labour market.



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**Lethbridge
College**

BE READY.



Warner Adult Learning

COUNTY OF WARNER

Adult Learning and Literacy

For more information and to register contact:

WARNER OFFICE: 403-421-0036

TABER OFFICE: 403-223-1169

email: warner@taberadulthoodlearning.com

CALP Warner:

Where education meets culinary and cultural exploration

In the heart of Warner County, the Community Adult Learning Program (CALP) is not only a hub for education but also a place where cultures converge, conversations flourish, and community bonds strengthen. This program has introduced a captivating array of initiatives that transcend traditional learning, offering unique opportunities to explore new horizons, savor culinary delights, and bridge cultural gaps.

At CALP Warner, the kitchen is not just a place for cooking; it's a stage for cultural exchange and hands-on experiences. The Cultural Kitchen program invites anyone with a curious palate to embark on a culinary journey across different countries. Participants are not mere spectators; they roll up their sleeves, dive into the cooking process, and learn how to prepare authentic dishes from around the world.

The program goes beyond just teaching recipes. It covers essential life skills, such as budgeting and the art of comparison shopping. Participants gain insights into diverse foods, fostering a deeper appreciation for the culinary traditions of various communities. This initiative embodies the spirit of community unity by bridging the gap between different cultures and fostering mutual understanding.

In response to the diverse linguistic needs of the community, CALP Warner has transformed its English learning classes into interactive Conversational Cafe sessions. These activities focus on real-life communication scenarios, enabling participants to navigate conversations with ease and confidence. The curriculum is tailored to provide practical guidance for communicating effectively, whether it's visiting a doctor, conducting business transactions, or simply engaging in everyday conversations.



Rina Motycka, left, and Darlene Stovel cooking Coq au Vin and Ratatouille in Stirling at the fall Cultural Kitchen Course.

Language learning doesn't have to be confined to traditional classrooms. CALP Warner's "Hen Night" is a unique initiative that seamlessly blends language acquisition with creativity and social interaction. During these gatherings, participants come together to work on various craft projects, all while conversing in English. The goal is simple but powerful: speak English throughout the event and absorb new words and contexts naturally as they engage in different activities. This approach to language learning not only promotes fluency but also builds social connections and community bonds.

CALP Warner's commitment to community development goes beyond language and culinary exploration. The program offers essential first aid and babysitter classes, equipping participants with valuable life-saving skills, ensuring that individuals are well-prepared to handle emergencies and care for children.

One of the remarkable aspects of CALP Warner is its adaptability to the unique needs of each community. The program is carefully tailored to address the specific requirements of both younger and older participants. Given the rural nature of the area, English language learners may vary significantly in terms of language proficiency. CALP Warner's programs bridge generational gaps, bringing people of all ages together to learn, grow, and connect.

LET'S MOVE!

For the Health of It



This class provides you the opportunity to improve your flexibility, strength, and coordination and is adjustable depending on your level of mobility. Your instructor Mackenzie Peterson, will give you what you need to keep exercising at home even after the classes are completed.

TUESDAYS — Warner

Jan. 30 - Mar. 5, 1 - 2 p.m.

Delivery Mode: In Person

Cost: \$30.00

Location: Warner Senior Centre

THURSDAYS — Coutts

Feb. 1 - Mar. 7, 1 - 2 p.m.

Delivery Mode: In person

Cost: \$30.00

Location: Coutts Historic School Gym

FRIDAYS — Stirling

Feb. 2 - Mar. 8, 1 - 2 p.m.

Delivery Mode: In Person

Cost: \$30.00

Location: Stirling Community Center

Digital Helps CALW 504

We can help you navigate your digital life just a little "byte" better. Need a refresher on your digital skills? We can help you with your "memory"! Don't let upgrades get you down. Call for details. Access help from our digital support team. One question or a whole class we can "download" help for you.

Date and Time: By Appointment

Location: Warner Adult Learning Office

Delivery Mode: In Person **Cost:** \$10/session

Computer FUNdamentals CAL105

This class is designed to move you forward in your digital skills. Based on your personalized digital skills assessment, our instructors will target your needs and build a learning plan tailored to you. Small class sizes insure individual attention.

Dates: Wednesdays February 28 - March 20

Time: 1:30 p.m. - 3:30 p.m.

Location: Milk River

Delivery Mode: In Person **Cost:** \$40.00

Precious Memories — Warner WGI 103 Afternoon

Capture a moment in your history. Write, illustrate, and publish a story that is special to you. This 5 session guided workshop will inspire you to take a favorite memory and transform it into a story to be read and shared!

Sessions 1 & 2 - Writing it down

Sessions 3 & 4 Illustration options

Session 5 Plan to publish & share

Workshop Leader - Sandra Kabatoff

Dates: Wednesdays — Jan. 31 - Feb. 28

Afternoon Workshop: 2:00 - 4:00 p.m.

Delivery Mode: in person

Cost: \$50.00

Location: Warner's Seniors Center

Babysitter's Course — Milk River WGI 107

This one day course builds the basic skills needed for delivering quality childcare. Learn safety procedures, first aid and more! Participants must be 11 years of age or older. Bring your lunch and a water bottle.

Dates: Saturday, March 23

Time: 9:00 - 4:00 pm

Delivery Mode: In Person

Cost: \$90.00

Location: Milk River



For more information and to register contact:

WARNER OFFICE: 403-421-0036

TABER OFFICE: 403-223-1169

email: warner@taberadultlearning.com



Pen Pals

Next-Gen Communicate

NHS 501 Seniors (+55) sign up for a communication adventure! Like writing letters? This exchange is once a week for 9 weeks. We match you with your junior pen pal. Call to register.

Thursdays, Jan. 25 - Mar. 28

Time: Your Choice **Location:** Your Home

Delivery Mode: Canada Post

Cost: No Charge

2 Can Cook

NHS 102 & 105
Do you cook alone? Register with a partner or friend and see what fun it can be to cook together. This 5 week course will be interactive (you get to cook) and lots of fun. Cost of supplies included with registration.

Thursdays, Feb. 8 - Mar. 7, 6 - 9 p.m.

In Person at the Stirling FCSS office

Mondays, Jan. 15 - Feb. 12, 1 - 4 p.m.

In Person — Taber



Go, Team, Go!

NHS 104 Who likes sports? Join us in supporting a local high school team. Football, volleyball, basketball ...here's your opportunity to get in the game and support your team! Register to join your local fan group and we will get you organized for game time!

Dates: TBA **Time:** Depends on the Game

Location: Your Town **Cost:** No Charge

Delivery Mode: Game Attendance

Digital Helps

NHS503 Need a refresher on your digital skills? We can help you with your "memory". Don't let upgrades get you down, drop in or call to access our digital support team. One question or a whole class we can "download" help for you.

Dates: Tuesdays, January 23 - April 2

Time: 11:30 a.m. - 1:00 p.m.

Location: Your choice

Delivery Mode: Phone for appointment

Consultation free then \$10 per booked session

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For more information and to register contact:

WARNER OFFICE: 403-421-0036

TABER OFFICE: 403-223-1169



GLEN 
MOTZ MP
 MEDICINE HAT-
 CARDSTON-WARNER



Here to Help!



Inquiries with Federal Government Services

(Service Canada, Immigration, Canada Revenue Agency, Phoenix Pay, Veterans Affairs, Canada Pension Plan, Old Age Services, Passports, etc.)

Certificates for Milestone Celebrations



Contact my office:

glen.motz@parl.gc.ca

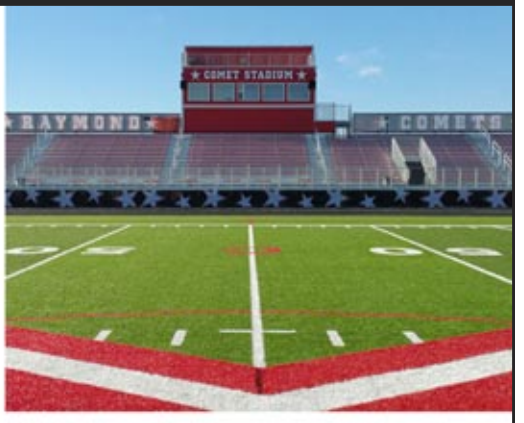
Phone 403.528.4698

2810 - 13 Avenue SE, #306, Medicine Hat AB T1A 3P9

 /GlenMotz



Follow Us:



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RAYMOND

raymond.ca

403.752.3322 210N 200W





Warner Adult Learning

COUNTY OF WARNER

Adult Learning and Literacy

For more information and to register contact:

WARNER OFFICE: 403-421-0036

TABER OFFICE: 403-223-1169

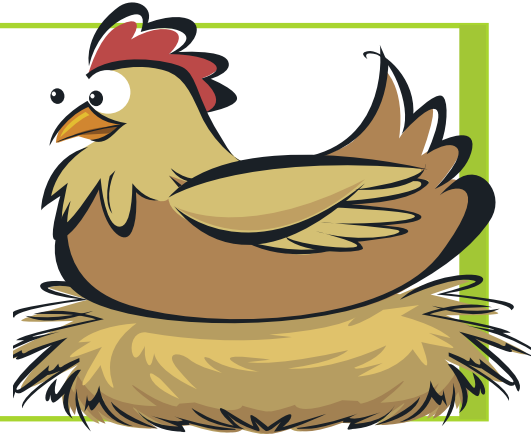
email: warner@taberadultlearning.com

HEN NIGHT (HODGEPODGE ENGLISH NIGHT)

CALW 109 – A fun ladies evening of visiting & crafting. A great way to practice English. Register with a friend and make a new craft. Snacks & supplies provided.

March 21, 7 p.m. - 9 p.m.

at the Stirling FCSS office Cost: \$10.00



County of Warner CLASSES

Money Makers - Raymond CALW215

This 5 session workshop discusses money math & financial lingo along with the tips and challenges for personal financial management. Group or private sessions, your choice.

Dates: Tuesday, Feb. 6 - Mar. 5

Time: 1 p.m. - 3 p.m. **Location:** Raymond

Delivery Mode: In Person **Cost:** \$50.00

Emergency First Aid - Warner CALW 213

Refresh your first aid skills. Instructor Loni Snow takes you through all you need to know in this one day, in person workshop. Bring your lunch and be ready for an informative fact filled day.

Dates: April 20, 2024 **Time:** 9 a.m. - 4 p.m.

Location: Warner Seniors Centre **Cost:** \$125.00

Cultural Kitchen - Stirling CALW214

This hands-on cooking class will teach you about healthy food choices, economical grocery shopping and the benefits of good nutrition. Learn to cook foods from different cultures.

Dates: Thursdays, April 4 - 25 **Time:** 6 p.m. - 9 p.m.

Location: Stirling, FCSS **Delivery Mode:** In Person

Cost: \$80.00 for 4 classes or \$25.00 per class

Creative Kitchen - Warner CALW202

A hands-on cooking class where we explore bread making – Cinnamon Buns, Bagels, Italian Bread Sticks & Loaf of Bread. Our 2nd class will be appetizers using seafood – Crab Meat au Gratin, Air Fryer Shrimp and Hot Crab & Artichoke dip. Week #3 Grandma's Favorite recipes – Poor Man's Hamburger Steak, Mama's Chicken & Rice Casserole, Frozen Fruit Salad, Sour Cream Raisin Pie and we will finish off Week 4 with Favorite Desserts – Red Velvet Cake and more.

Dates: April 4 - April 25, 2024

Time: 9:30 a.m. - 12:30 p.m.

Location: Warner Seniors Centre

Delivery Mode: in person

Cost: \$80.00 for 4 classes or \$25.00 per class

Conversational Cafe - Stirling CALW210

Come join us in learning to speak English. We will be doing activities that will help develop your English speaking skills while learning new crafts and having lots of fun. Can't wait to see you there!

Dates: Tuesdays, Feb. 20 - Mar. 26

Time: 9 a.m. - 12 p.m.

Location: Stirling, FCSS

Delivery Mode: in person

Cost: \$25

TUTORING

One-on-one study help

Work one-on-one with a volunteer to improve your skills.

Learn more English, practice speaking in English, get better at reading and writing, prepare for a test, or improve your math skills.

Tutors are available for daytime or evening.

Lessons are in- person or online by Zoom. For Adults 18+

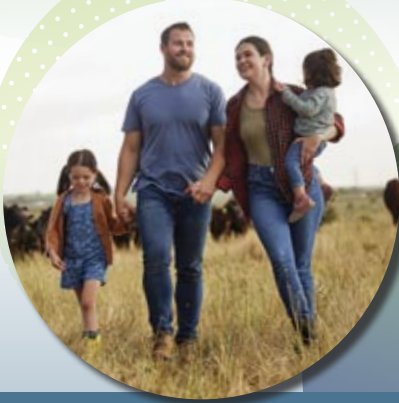
FREE

Strengthening Families

Improving Relationships

Inspiring Youth

Supporting Seniors



FARM FAMILY OUTREACH

We're here for you because you're here for us.

- Let us connect you with confidential one-on-one support services.
- Let us assist you in identifying and navigating local resources and supports.
- We are here to assist you in maintaining good family ties through parent education resources and confidential connection.

CONTACT Kaitlynn Weaver 403.795.4627

LOW GERMAN FAMILY LIAISON SERVICES

Build parental/caregiver resiliency by focusing on the family unit and fostering family wellness.

- Cultural resources
- Community connections
- Information and referral to supports and services
- Parenting resources



CONTACT Margarita Sawatzky 403.394.8983



INDIGENOUS FAMILY LIAISON SERVICES

Enhance the well-being of families and communities by building resiliency through cultural programming.

- Cultural resources
- Community connections
- Information and referral to supports and services
- Parenting resources

CONTACT Christie Saddleback 403.915.7530

For more information please visit our website www.fcss.ca



Alberta

SENIOR SERVICES

Supporting seniors and their families through education, support and advocacy.

- Information & support:
 - Personal Directives
 - Alberta Seniors Benefits
 - Special Needs Assistance
- Support Groups



CONTACT Renee White 587.370.8518

TRIPLE P – POSITIVE PARENTING PROGRAM

A flexible, practical way to develop skills, strategies and confidence to handle any parenting situation.

- Manage your child's behaviour so everyone enjoys life more.
- Set family routines and rules that everyone respects and follows.
- Get along well with your children and argue less.
- Balance work and family without constant stress and worry.



CONTACT Petra DeBow 403.795.3328

DEVELOPMENTAL CHECK-UPS: AGES & STAGES QUESTIONNAIRES (ASQ)

AGES 2 MONTHS TO 60 MONTHS

Provide parents with support and information about their child's development. Including:

- Gross motor skills
- Fine motor skills
- Problem solving skills
- Communication
- Personal social skills
- Social-emotional competence



CONTACT Petra DeBow 403.795.3328

YOUTH DO CREW

Do Good – Feel Good!
A leadership opportunity for youth.

- Lead volunteer projects in their community.
- Develop life and work skills.
- Gain hands-on experience how to make a difference in the community.



CONTACT Jillian Boyd 403.332.0629

For more information please visit our website www.fcsc.ca



Alberta

FCSS

Family & Community
Support Services

*Strengthening families
in rural Alberta!*

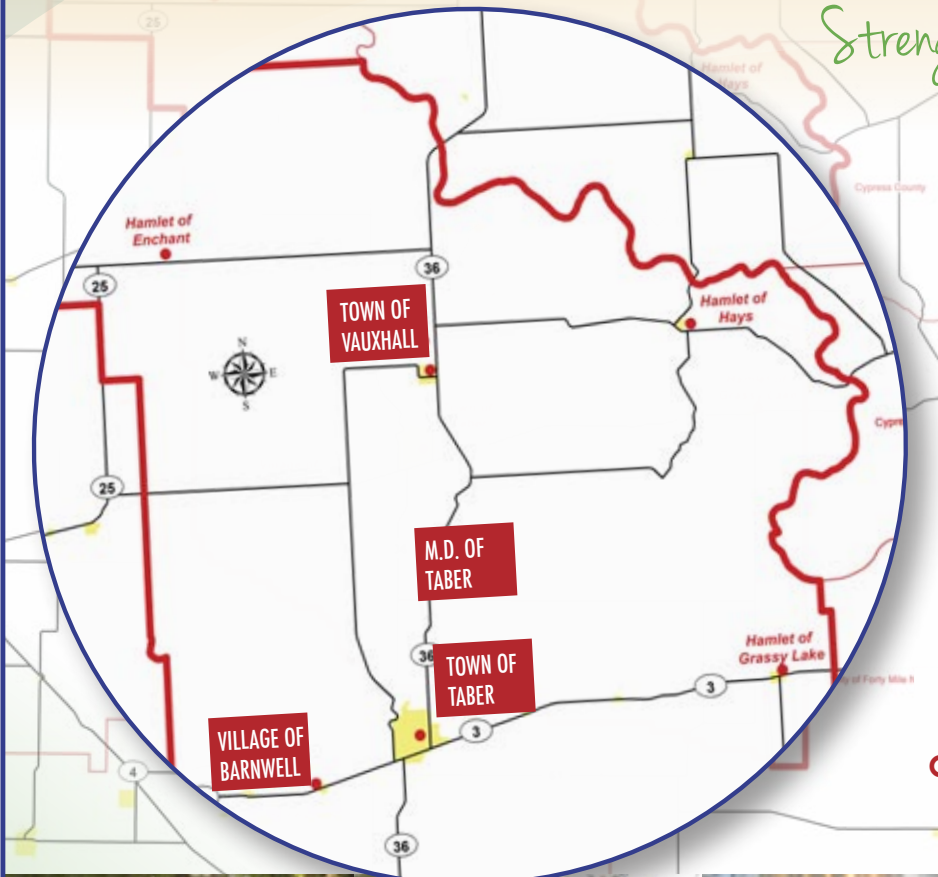
Online and In-person
service options available.

Counselling Support
587.370.3728 (call or text)

Parent/Caregiver Support
403.795.3328 (call or text)

Support for Seniors
587.370.8518 (call or text)

General Assistance & Support
403.405.4466 (call)



For more information please visit our website www.fcss.ca



Alberta