

Taber & District  
Community Adult Learning Association

# VIBRANT

## *Learning*

*Creating a vibrant  
learning community  
that supports  
changing and  
improving one life  
at a time.*



Alberta

September -December 2021



# > BE READY

OUR JOB IS TO ENSURE YOU  
ARE EQUIPPED FOR YOURS.

This fall, choose from more than 60 best-in-class certificate, diploma, applied degree and apprenticeship programs at Lethbridge College. You will benefit from small-classes, work-integrated learning opportunities and a campus community committed to supporting you every step of your journey.

**Apply today** at [lethbridgecollege.ca](https://lethbridgecollege.ca), and start your program in September.



**BE READY.**

# Message *from the* Executive Director

## *Cindy Slenders*



Taber and District Community Adult Learning Association is celebrating 50 years of service to the town and MD. It reveals the organization’s ability and willingness to adapt and grow with the community. It is a time to reflect on the achievements and lessons learned from the past while remaining ready and committed to serving the ever-evolving needs of the community as we look to the future. It is a time to celebrate the successes and recognize the personal and economic impacts of continuous learning in our community.

Fifty years of service is a huge milestone, but it is not a signal to stop. The Board has developed a new three-year strategic plan that is reflective of what we heard in our most recent Community Needs’ Assessment. We would like to take this opportunity to thank the many people, service agencies and businesses who participated. As you search through the the Vibrant Learning Catalogue program offerings, know that your input was considered in deciding to continue with a program, postpone a program, or offer a new program.

The pandemic demanded that we seek new and innovative ways to provide programming. We have delivered programs on-line and in person while adhering to the changing AHS orders. Learning to learn on-line has been a great achievement for many learners, opening doors to learning opportunities that would have otherwise not been available. It has also

highlighted the need for stable, reliable digital infrastructure (internet) in rural areas so that all rural residents can access the services and learning opportunities.

Taber Adult Learning is perhaps best known for its work with English as a Second Language classes and Newcomer Supports; however, that is not all the programs we offer. Our Career and Employment Services can assist people with resumes and support their job search. Our GED classes are very popular and qualify for the Canada Alberta Job Grant for businesses that want their employees to have that level of education. Our Youth Employment Program (YEP) assists youth to transition from school to the world of work. The need for literacy development for adults is great as many studies show that nearly 45% of Canadian adults have some difficulty with using a computer, reading, writing or math that impacts their daily or work life. Taber Adult Learning has programs, classes or volunteers that can help.

Taber Adult Learning is here to service our community. Please feel free to call the office (403) 223-1169 and let us know how we can meet your learning needs, the learning needs of your employees, or your organization.



**MARTIN SHIELDS**

Member of Parliament  
Bow River Constituency

**BROOKS OFFICE:**

2-403-2nd Ave. W  
Brooks, AB T1R 0S3  
1-844-241-0020

**STRATHMORE OFFICE:**

403-361-2980

**OTTAWA OFFICE:**

613-992-0761

Email:

[martin.shields@parl.gc.ca](mailto:martin.shields@parl.gc.ca)

[www.martinshieldsbowriver.ca](http://www.martinshieldsbowriver.ca)

# CLASS WILL BE HELD IN VAUXHALL

## EVENING English Language Services

for **WOMEN and MEN**

This language class will help learners develop new skills in all areas of the English Language: reading, writing, listening and speaking.

**WEDNESDAYS 6:30 - 8:30 P.M.**

**October 6 to December 8**

**Classes at 511 - 2nd Avenue, VAUXHALL**

**\$40**



**TO REGISTER OR FOR MORE INFORMATION:**

PHONE 403-223-1169 or drop by our office  
in the Provincial Building, 5011-49 Ave., Taber



### Members Of The CHINOOK ARCH LIBRARY SYSTEM:

- \* Taber \* Barnwell
- \* Enchant \* Vauxhall \* Hays
- \* Grassy Lake (Chamberlain)

### Let Your Mind Wander

- \* Best Sellers \* Classics \* Movies \* Manga \* CD's
- \* Magazines \* eBooks \* Audiobooks \* Games

☆☆ FREE INTERNET ☆☆

[www.chinookarch.ca](http://www.chinookarch.ca)  
Supporting Local Libraries





The GED Prep Class will be offered both in person and on-line (Zoom). Should Covid-19 restrictions limit in-person learning the class will be totally on-line.

Seats are limited for in-person learning so register early!

***Didn't complete high school?  
Want to further your education in the future?***

***Adult Education Upgrading will prepare you with the foundation needed to:***

- write the GED exam
- look at apprenticeship and education opportunities

**Now is the time to get your GED**

**Funding may be available for eligible students**

**GED PREPARATION & EXAM**

**September 30 - December 14, 2021**

Tuesday, Wednesday, Thursday ■ 5 p.m. to 8:00 p.m.  
*in Taber at the Provincial Building Boardroom*

INCLUDED IN THE GED PREPARATION CLASS IS:

- 99 hours of GED Preparation instruction with an in-house facilitator
- Canadian GED Prep Books and calculator

**Students MAY qualify for Alberta Works Part-Time Studies grant to cover training and testing.**

*Seats are limited and available on a first come basis.*

Fees for those who do not qualify for funding:

**GED Class \$400**  
**GED Exam \$300**

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**Exams will be held**  
**Dec. 15, 16, 17, 2021**



Funded by the Government of Alberta



**TO REGISTER OR FOR MORE INFORMATION:  
PHONE 403-223-1169**

OR IN PERSON: Drop by our office in the Provincial Building (5011-49 Ave., Taber, AB)



Citizenship and CELPIP classes will be offered both in person and on-line (Zoom). If Covid-19 restrictions limit in-person learning the class will be totally on-line.

# CELPIP Classes

(Canadian English Language Proficiency Index Program)

Study English to be ready for the CELPIP and/or Canadian Citizenship test. You have to take and pass CELPIP before you write the Citizenship exam.

## TABER CLASSES

**Mondays, Oct. 18 - Dec. 13**

6:30 p.m. to 8:30 p.m.

\$40.00 ● YEP Building, Taber

## VAUXHALL CLASSES

**Mondays, Oct. 18 - Dec. 13**

6:30 p.m. to 8:30 p.m.

\$40.00

# CITIZENSHIP PREPARATION CLASSES

Prepare for the Canadian citizenship test. You must have passed the CELPIP exam before enrolling in Citizenship classes.

**MONDAYS, OCTOBER 18 - DECEMBER 13, 2021**

6:30 p.m. to 8:30 p.m.

Taber Provincial Building ■ \$40.00



**TO REGISTER OR FOR MORE INFORMATION:  
PHONE 403-223-1169**

OR IN PERSON: Drop by our office in the Provincial Building (5011-49 Ave., Taber, AB)

# MORNING ENGLISH

This class will focus on English reading and writing skills. Students will also practice speaking and listening skills. Learn more about practical things like banking, community services, health and nutrition!

## VAUXHALL

**Oct. 5 - Dec. 9, 2021**

NO CLASS NOVEMBER 11, 2021

*Tuesdays and Thursdays*

8:30 a.m. - 12 p.m. ■ \$40

## GRASSY LAKE

**Oct. 4 - Dec. 8, 2021**

*Mondays and Wednesdays*

8:30 a.m. - 12 p.m. ■ \$40

**Childcare provided for children  
18 months to 5 years old.**



# Read and Rhyme

Improve the English skills of your family. Bring your children ages 18 months to 5 years old and practice English reading and conversation with other moms. Learn more about children's growth and help your children learn more English!

## VAUXHALL

*Thursdays*

**Oct. 7 - Dec. 9, 2021**

8:30 - 9:30 a.m.

## GRASSY LAKE

*Wednesdays*

**Oct. 6 - Dec. 8, 2021**

8:30 a.m. - 9:30 a.m.

\$20 (FREE if you attend Daytime English Class)

# TUTORING

**Work one-on-one with a trained community volunteer to improve a specific skill.**

*Want to get better at using your computer or tablet device?*

*Want to understand how to better use a specific computer program?*

*Need to practice your reading skills and comprehension?*

Our tutoring program matches you with a tutor who will work with you to practice the skills you want to improve.

Contact us about what you are looking for in your learning journey, and we can help you find the class or program that is the best fit for you.

**Location: Online or in-person**  
(as COVID restrictions allow)

**Time: Any time!**

**Cost: Free**

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## English Language Learning Tutoring

Work one-on-one with a trained volunteer teacher to improve your English skills. Lessons focus on what you want to learn: English reading, writing, speaking, or listening. Tutoring lessons are available at many different times.

Study at a time that works for you!

**Location: Online or in-person**  
(as COVID restrictions allow)

**Time: Any time!**

**Cost: Free**

# Digital SKILLS

Classes may be in person or by Zoom depending on Covid restrictions.



## Basic Computers

Join us for a fun class that will not only teach computer basics but provide you with the skills and confidence to help you once the class is complete. This course will introduce basic computer concepts. Using a Windows 10 computer in class you will learn to use your device to find the answers you need. You will become comfortable working with the operating system, email, word processing and the internet.

**Tuesdays, Oct. 26 - Dec. 7, 2021**

**6:15 p.m. - 8:15 p.m. ■ Cost: \$40.00**

**Location: Computer Lab, Taber Provincial Bldg.**

**Wednesdays, Nov. 3 - Dec. 8, 2021**

**1:00 p.m. - 3:00 p.m. ■ Cost: \$40.00**

**Location: Computer Lab, Taber Provincial Bldg.**

**Thursdays, Nov. 4 - Dec. 9, 2021**

**1:00 p.m. - 3:00 p.m. ■ Cost: \$40.00**

**Location: Vauxhall**

## BEYOND BASIC COMPUTERS

### Supported Individualized Learning Opportunities

We are excited to expand our computer classes to include supported individualized learning opportunities through Custom Guide. There is over 80 courses available at beginner, intermediate and advanced levels including: Access, Computer Basics, Zoom, Excel, Office 365, Google programs and more. You will have access to the online class, a computer in our office and help getting you started.

**Fee: \$40.00 per month**

**Tuesday-Thursday 9 a.m.-3 p.m.**

**Call 403-223-1169 for an appointment.**

## SERIES OF 4 CLASSES

All classes on-line

Instructor: Brady Simpson

\$15.00 each or

\$40.00 for all 4 classes in series

### Digitally Declutter

Research shows that clutter can have negative mental health outcomes. But, have you ever considered that your digital devices (i.e. your iPad, smartphone, computer, etc.) may also contribute to your wellbeing? In this class, we'll learn a little about G suite, how to organize your files on the cloud, and how doing all of this can benefit future you!

**September 27, 2021 ■ 7 - 9 p.m.**

### Digital Email's — How do they work?

E-mails. Almost everyone has one, but do we know how to take advantage of them? In this class, we'll learn the in's and out's of Gmail. How to create canned messages, how to create an auto-reply when you're on vacation, how to change your signature, how to send large files, and more will be included in this class.

**October 18, 2021 ■ 7 - 9 p.m.**

### Navigating Your Social Media

Digital connecting has truly become a world of its own. Without a map how do you navigate it? In this class, we'll learn the basics of Facebook, Instagram, Twitter and others. How to set up profiles, how to find and add friends, how to adjust privacy, legacy settings and more.

**November 15, 2021 ■ 7 - 9 p.m.**

### Recognizing Scams

Ever gotten a phone call or email that seemed just a little bit fishy? Or heard of people getting scammed out of hundreds of dollars through gift cards? This course will help cover some basic identifiers of common phone and email scams, and what you can do to avoid getting scammed.

**December 6, 2021 ■ 7 - 9 p.m.**



**TO REGISTER OR FOR MORE INFORMATION:**

**PHONE 403-223-1169**

**OR IN PERSON:** Drop by our office in the Provincial Building (5011-49 Ave., Taber, AB)





## English as a Second Language Programs Ladies' Morning English Classes

**FREE Child Care**  
is provided for  
children 18 months  
to kindergarten

**October 5 to December 9, 2021**

*at the* Taber Provincial Building

**TUESDAY, WEDNESDAY, THURSDAY**  
Mornings 8:30 a.m. to 12 p.m.

**\$40**

### Level 1

#### English Foundations

In this beginner level English class you will focus on the English letters, numbers and phonic sounds. You will improve your basic conversation and writing skills.

### Level 2

#### Reading and Writing

Improve your reading and writing skills for everyday life. Learn how to make appointments, speak to health professionals, fill forms and write a short paragraphs.

### Level 3

#### Intermediate English

Take your English to the next level! In this course you will learn to write whole sentences and form them into paragraphs. You will learn to write brief instructions and descriptive paragraphs.

### Beginner Level – Ladies' Only

## Afternoon English Classes

**Oct. 5 to Dec. 9, 2021**

*at the* Taber Provincial Building

**TUESDAY, WEDNESDAY, THURSDAY**  
1:00 to 4:00 p.m.

**No childcare available**

**Fee: \$40.00**

## ENGLISH DROP-IN ONLINE CLASSES

### ONLINE BY ZOOM

**Start  
anytime!**

Come to class when it works for you. Learn English from home and improve your reading, writing and speaking. This class focuses on higher level English, for learners CLB 3-5.

\* Class requires internet and a computer, tablet or smart-phone. Don't know how to use Zoom? We can help you!

**MON.-THURS., 9 A.M.- 9 P.M.**

Classes are 2 - 3 hours per session

**Cost: \$15 - \$20 per month**

**ONLY** for landed immigrants, refugees and Canadian citizens.

If you are here on a Canadian Visa status call 403-223-1169 for separate pricing.

*Classes may be in person or by Zoom depending on Covid restrictions.*



**TO REGISTER OR FOR MORE INFORMATION:**

**PHONE 403-223-1191 or 403-223-1169**

Drop by our office in the Provincial Building, 5011-49 Ave.,

## English as a Second Language Programs

Classes will be delivered in person and through Zoom if Covid prevents in-person delivery.

### INTERMEDIATE ENGLISH WRITING WOMEN

*No childcare available*

You will learn how to write formal and informal messages, descriptive paragraphs and short summaries. You will improve your grammar and punctuation.

Monday and Wednesday afternoons  
**October 4 - December 8, 2021**

1:00 p.m. - 3:00 p.m.

at the Taber Provincial Building

NO CLASS MONDAY, OCTOBER 11, 2021

**\$40.00**

### WORKPLACE ENGLISH

MEN/WOMEN

Learn the English skills you will need to communicate in the workplace. Practice English that will help you find and keep a job.

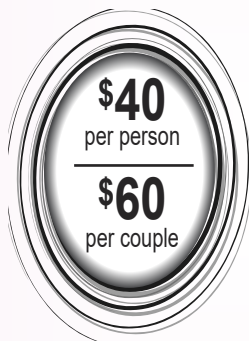


**WEDNESDAY NIGHTS**

*October 6 - December 8, 2021*

6:30 p.m. - 8:30 p.m.

### ENGLISH WRITING BASICS



MEN/WOMEN

You will learn to write the alphabet, use capital and small letters. You will also learn basic English grammar, common everyday words and sentence structure.

**WEDNESDAY NIGHTS**

**October 6 - December 8, 2021**

6:30 - 8:30 p.m.

### TUESDAY / THURSDAY EVENING TUTORING

MEN/WOMEN

Come study with a community volunteer to improve your English skills! Learn more reading and writing, or practice speaking with one of our great volunteers. Lessons focus on what you want to learn. Get to know someone from your community and improve your English at the same time. You can come 1 evening a week or 2 evenings a week.

**FREE**

**Tuesday and Thursday nights**

**OCTOBER 5 - DECEMBER 9, 2021**

Taber Provincial Building, 6:30 - 8:30 p.m.



For more information and to register:  
PHONE 403-223-1191 or 403-223-1169  
5011-49 Ave., Taber Provincial Building

# H.E.N. Women's Night



*A fun-filled evening of games and English learning activities!*

Listen to an interesting presentation by a special speaker.



## VAUXHALL

October 26 ■ November 30, 2021  
6:30 p.m. - 8:30 p.m.

## GRASSY LAKE

October 27 ■ December 1, 2021  
6:30 p.m. - 8:30 p.m.

## TABER

October 28 ■ December 2, 2021  
7:00 p.m. - 8:30 p.m.

*If you would like to register call  
Taber Adult Learning at 403-223-1169*

# Conversation CAFE

Students in this class will improve their English speaking and listening skills. You will also learn new words to improve your conversations with neighbors, friends and business and health communities.



## TABER

**October 4 - December 6, 2021**

Monday afternoons 1:00 - 3:00 p.m.  
at the Taber Provincial Building

NO CLASS MONDAY, OCTOBER 11, 2021

## VAUXHALL

**October 5 - December 7, 2021**

Tuesday mornings 8:30 a.m.-12 p.m.

CHILDCARE PROVIDED FOR CHILDREN  
18 MONTHS TO 5 YEARS OLD



To register or for  
more information  
call:  
403-223-1169



# ENGLISH FOR EMPLOYMENT


*The Taber ESL Centre will work in partnership with employers to meet the English as a Second Language workplace needs of your employees.*

We offer:

- ESL classes for newcomer employees
- Customized ESL lessons specific to your workplace
- Flexible delivery options
- Flexible site locations



**Taber  
Adult Learning**  
presents



save the  
date!

# Door to the World

***Arts, Culture & Cuisine***

Thursday, November 4th\*

at the

**Taber Community Centre  
Auditorium**

For more information or to purchase tickets,  
call, email, visit our website or drop by our office:

403-223-1169 | 5011-49 Ave (Provincial Bldg.)

[outreach@taberadultlearning.com](mailto:outreach@taberadultlearning.com)

[taberadultlearning.com/community-outreach/](http://taberadultlearning.com/community-outreach/)

*\*subject to Covid-19 safety restrictions*



# A LETHBRIDGE COLLEGE EDUCATION IS CLOSER THAN YOU THINK.

Be Ready to start your education online.

Learn more at [lethbridgecollege.ca/online-learning](https://lethbridgecollege.ca/online-learning)

***BE READY.***





# What every babysitter should know

Learn the role of the babysitter, child development, caring for children, positive behavior management, home and outdoor safety and injury prevention, fire safety and first aid tips for children. Learn how to operate your babysitter's business. Upon completion, a certificate will be issued from St. John's Ambulance.

**MUST BE 11 YEARS OF AGE.**

**Please bring a lunch and a pen/pencil to the course with you.**

**INSTRUCTED BY  
ST. JOHN'S AMBULANCE  
Location to be announced.**

**Saturday, November 13, 2021  
9 a.m. to 4 p.m. ● \$86.00**

**YOU MUST BE PRE-REGISTERED TO TAKE THIS CLASS - CALL 403-223-1169**

**NOW SERVING CLIENTS  
IN TABER AND  
SURROUNDING AREA**

**FOR A FREE CONSULTATION  
CALL 403-223-7888**



**COULEE  
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[www.couleefamilyservices.ca](http://www.couleefamilyservices.ca)

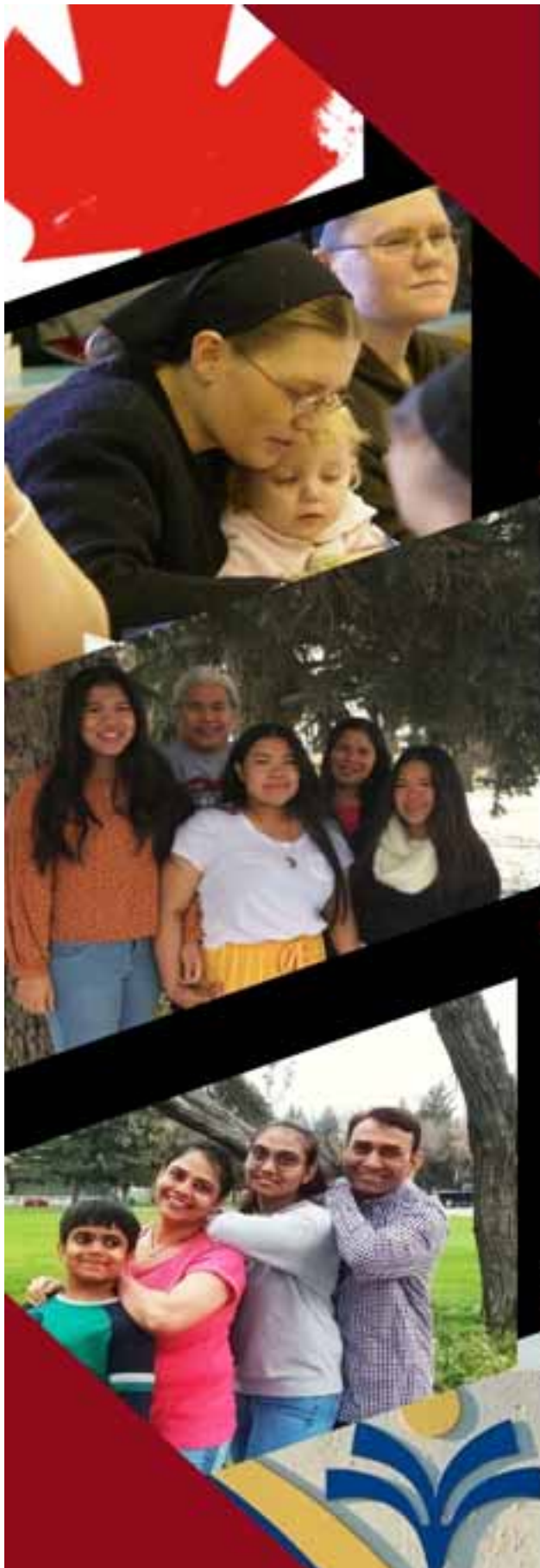
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**Specializing in non-medical companion  
and support care services:**

- Companionship
- Personal Care
- Live-In Care and 24-hour Care
- Supported Living/Long Term Care Services

- Accompanied Transportation
- Respite Services
- Temporary Care
- Other services including life history capture, gardening and hobbies, healthy meal planning, shopping, home organization and more.



Welcome to Taber and the MD of Taber!

# ARE YOU NEW TO CANADA?

We help newcomers to become part of the community, gain new skills, and navigate Canadian systems

## We can assist you with:

- **Finding a Job**
- **Learning English** (reading, writing, speaking)
- **Low German** interpretation, **Spanish** and **Filipino** interpreters may also be available
- **Information** on government systems, community organizations, and more
- **Filling Forms**
- **Class 7** (Learners) license preparation

**WE HAVE MORE!** We host fun events like Meet & Greet, social events, and more! Keep up with our monthly newsletter for more information!

*Our services are available to people who have arrived in Canada within the past 10 years.*

YOU CAN ACCESS OUR FREE SERVICES AT:



5011-49 Ave. Taber

PH. 403-223-1169

Text/ WhatsApp: 403-892-1603



Email: [Newcomers@TaberAdultLearning.com](mailto:Newcomers@TaberAdultLearning.com)

**OPEN Monday-Friday 9:00-4:00**

**Low German Interpreter Available Mon.-Fri. 9:00-1:00**

<https://taberadultlearning.com/newcomer/>

**NOW ACCEPTING APPLICATIONS!**

# Are you facing obstacles to employment and /or Post-Secondary Education?

The Taber Youth Employment Program assists youth with developing employment skills and gaining practical on-the-job work experience

# YEP

## Taber Youth Employment Program



### UPCOMING START DATES

**Intake 5: December 6, 2021 - April 8, 2022**

**Intake 6: April 11 - July 29, 2022**

**Apply online today!**

*7 weeks of Employability Skills Training and  
9 Weeks of Quality Employment Opportunity*

**ELIGIBILITY:**

- Ages 18-30 and not in school
- Work in Canada legally
- Not receiving E.I. benefits
- Unemployed
- Have barriers to employment

**Contact:**

**P: 403-416-5115**

**taberyep.com**



Funded by the Government of Canada's Skills Link program



The Taber Youth Employment Program is a project of Taber Adult Learning Association



# Read On

## Adult Literacy & Learning

We help you achieve your goals!

### **IELTS**

Mondays | 6:30 – 8:30 PM | Online via Zoom | Sept. 27 – Dec. 6 | \$60

### **English for Driving**

Mondays | 7 – 8:30 PM | Online via Zoom | Sept. 27 – Dec. 6 | \$30

### **Computer Basics**

Tuesdays | 1 – 3 PM | Online via Zoom | Sept. 28 – Nov. 30 | \$30

### **Building Speaking Skills**

Tuesdays | 6 – 7:30 PM | Online via Zoom | Sept. 28 – Nov. 30 | \$30

### **Creative Writing & Conversations**

Tuesdays | 7 – 8 PM | Online via Zoom | Oct. 26 – Nov. 30 | \$30

### **Introduction to Chromebooks**

Wednesdays | 1 – 3 PM | Online via Zoom | Sept. 29 – Dec. 1 | \$30

### **CELPPIP**

Thursdays | 6:30 – 8:30 PM | Online via Zoom | Sept. 30 – Dec. 9 | \$40

Ask us about our other courses: Intermediate Conversation, Intermediate Plus Conversation, Writing Basics, Essay Basics, Math Basics, Reading and Writing for Work and ESL Time for Rhymes.

To learn more about Read On and to register, please visit our website at [www.lethlib.ca/readon](http://www.lethlib.ca/readon). If you have questions, let us know.

Email [readon@lethlib.ca](mailto:readon@lethlib.ca) or phone 403-320-4701.

# Work Foundations Program

Learn important English skills to help you move forward and find a job

Work Foundations is an 18 week, full-time basic skills program that will help you learn reading, writing, mathematics and computer skills for employment.

## Program starts in November, 2021

*Financial assistance is available for low income learners.*

Eligible learners may be able to collect EI while attending the program.

**PLEASE APPLY EARLY - SEATS ARE LIMITED.**

*For more information or to apply, please call: 403-223-1169*



Support for this program is provided by the Government of Alberta - Advanced Education



5011-49 Ave., Taber  
**403-223-1169**

## Canada-Alberta Job Grant TRAINING PROGRAM

*This is a training program where the employer applies on behalf of their present or future employees.*

Employers decide who gets training and what type of training may be needed for their employees.

Employers are required to contribute a minimum of one-third of the total training costs for existing employees. Government contributes two-thirds of the cost to a maximum of \$10,000 per trainee per fiscal year.

If hiring and training an unemployed Albertan, up to 100% of training costs could be covered, up to \$15,000 per trainee.

Eligible Employees include:

- Canadian citizens
- permanent residents
- business owners (incorporated, unincorporated, sole-proprietor, partnerships) with 4 or fewer employees, including all owners, are now eligible trainees
- employed family members

*Temporary Foreign Workers and family members that are not currently employed with the business are not eligible for this program.*

Programs that are eligible at Taber Adult Learning include:  
G.E.D course, and computer training in Microsoft and Google Workspace computer programs.

**COME IN AND TALK TO US ABOUT YOUR TRAINING NEEDS.**  
*We are here to support you support your employees!*

**FOR MORE INFORMATION CALL TABER ADULT LEARNING 403-223-1169**



# > ARE YOU READY TO LEARN SOMETHING NEW?

Lethbridge College Corporate and Continuing Education delivers adult education and offer fully customizable training solutions the way you need it. Through flexible, action-based, industry-driven programs we'll give you the edge you need to advance your career or business.

## SOME OF OUR MOST POPULAR COURSES INCLUDE:

- Project Management
- Professional Bookkeeping
- Public Speaking and Presentation Skills
- Quickbooks Level 1 and 2
- Coach and Develop Your Team
- The Art of Negotiation

## CANADA-ALBERTA JOB GRANT

The **Canada-Alberta Job Grant** is an employer-driven training program where employers and the government share the cost of training new and existing employees to increase their knowledge and skills to meet the needs of Alberta's changing economy.

Find our more at: [lethbridgecollege.ca/canada-alberta-job-grant](https://lethbridgecollege.ca/canada-alberta-job-grant)

Learn more at [lethbridgecollege.ca/cce](https://lethbridgecollege.ca/cce)

**BE READY.**



# WANTED:

## Taber and area adults looking for WORK OR TRAINING

*Our Career and Employment Staff (CES) are Caring, Supportive coaches who can help you move forward to gainful employment.*

We offer:

- resume-development services
- job search assistance/direction/support
- on-line job search help
- assistance with on-line applications
- important interview preparation knowledge and mock interview practice
- Ongoing C.E.S. support: job referrals and opportunities, information and marketing strategy

*Thinking about upgrading your education, learning basic skills, taking a training program, starting or changing careers?*

Our CES staff can assist you with your career planning, provide you with information about local training programs, post-secondary programs and available funding as well as assist you with your career planning.

Funded by the Government of Alberta



**To register or for more information:**



PHONE 403-223-1169  
or drop by our office in the  
Provincial Building,  
5011-49 Ave., Taber





*If you are looking to find and keep a job, this class could be just what you need*

# BUILDING BLOCKS to EMPLOYMENT

*This weekly employment focused workshop will cover topics such as:*

- Finding and keeping that job
- Budgeting basics
- Making that first great impression and acing the interview
- Staying positive, life and work after Covid 19
- Your rights and responsibilities as an employee
- Alberta Occupational Health and Safety
- Reaching your goals — short and long-term goal setting

The class will feature guest speakers and presenters; local employers talking about their hiring needs and practices, FCSS, Alberta Apprenticeship Branch and more.

## JOB FAIR

with many local businesses in attendance looking for suitable employees.

**For more information about this valuable program contact our office at 403-223-1169**



TOWN OF  
TABER

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Strengthening Families

Improving Relationships

Inspiring Youth

Supporting Seniors



### INDIGENOUS FAMILY LIAISON SERVICES

Enhance the well-being of families and communities by building resiliency through cultural programming.

- Cultural resources
- Community connections
- Information and referral to supports and services
- Parenting resources

CONTACT Jessica Goodrider-Loewen 403-915-7530

### LOW GERMAN FAMILY LIAISON SERVICES

Build parental/caregiver resiliency by focusing on the family unit and fostering family wellness.

- Cultural resources
- Community connections
- Information and referral to supports and services
- Parenting resources



CONTACT Margarita Sawatzky 403-394-8983

### DEVELOPMENTAL CHECK-UPS: AGES & STAGES QUESTIONNAIRES (ASQ)

AGES 2 MONTHS TO 60 MONTHS

Provide parents with support and information about their child's development. Including:

- Gross motor skills
- Fine motor skills
- Problem solving skills
- Communication
- Personal social skills
- Social-emotional competences



CONTACT Petra DeBow 403-795-3328

For more information please visit our website [www.fcss.ca](http://www.fcss.ca)



## SENIOR SERVICES

Supporting seniors and their families through education, support and advocacy.

- Information & support:
  - Personal Directives
  - Alberta Seniors Benefits
  - Special Needs Assistance
- Support Groups



CONTACT Renee White 587-370-8518

## TRIPLE P – POSITIVE PARENTING PROGRAM

A flexible, practical way to develop skills, strategies and confidence to handle any parenting situation.

- Manage your child's behaviour so everyone enjoys life more.
- Set family routines and rules that everyone respects and follows.
- Get along well with your children and argue less.
- Balance work and family without constant stress and worry.



CONTACT Petra DeBow 403-795-3328

## KALEIDOSCOPE INCLUSIVE YOUTH PROGRAM

Programs are open to for youth aged 13-18 who are looking for extra supports in their communities.

- Build confidence and resiliency
- Arts-based activities
- Learn new skills and make new friends



**KALEIDOSCOPE**  
INCLUSIVE YOUTH PROGRAMMING



CONTACT Jamie Lewis 403-795-2963

## YOUTH DO CREW

Do Good – Feel Good! A leadership opportunity for youth.

- Lead volunteer projects in their community
- Develop life and work skills.
- Gain hands-on experience how to make a difference in the community



CONTACT Shannon Rawluk 403-332-0629

For more information please visit our website [www.fcsc.ca](http://www.fcsc.ca)



Alberta

# FCSS

Family & Community  
Support Services

*Strengthening families  
in rural Alberta!*

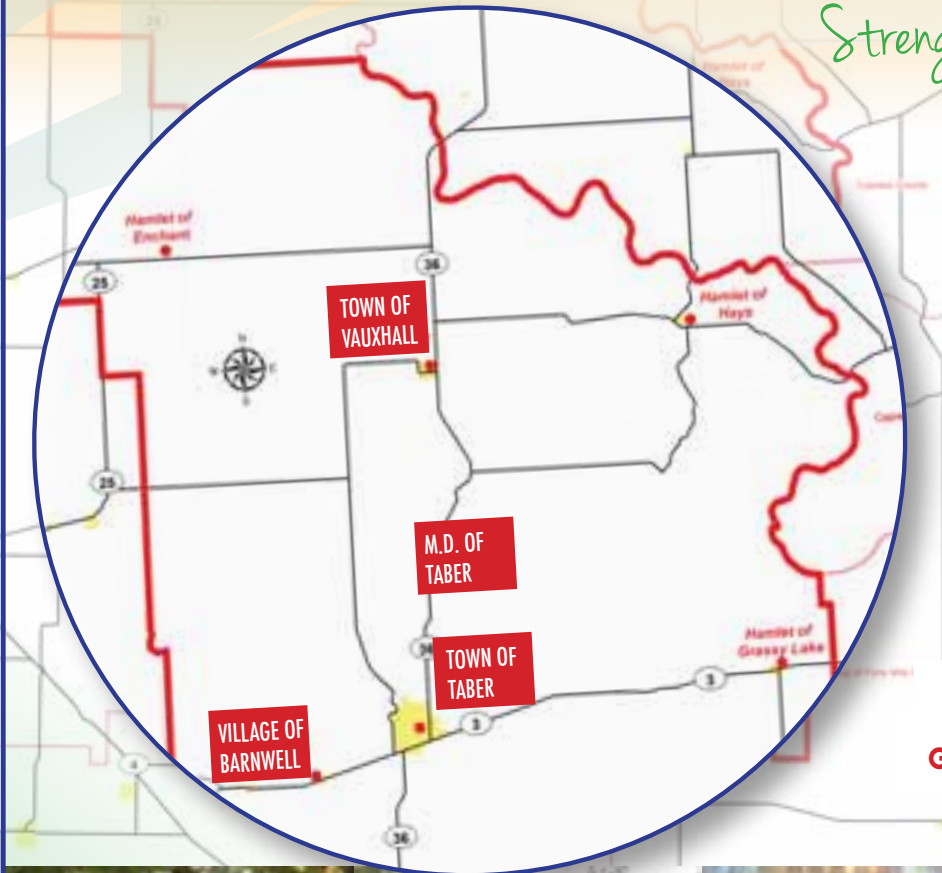
Online and In-person  
service options available.

**Counselling Support**  
587-370-3728 (call or text)

**Parent/Caregiver Support**  
403-795-3328 (call or text)

**Support for Seniors**  
587-370-8518 (call or text)

**General Assistance & Support**  
403-405-4466 (call)



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